

Healthcare Services Team

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702-892-7313 (option 2)

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Important Telephone Numbers

Clinical Pathology Laboratories (CPL) 702-795-4900

Contracts and Credentialing

contractsandcred@culinaryhealthfund.org
702-892-7313 (option 1)

Culinary Health Centers

702-790-8000

Culinary Pharmacy

702-650-4417 (Culinary Health Fund)
702-963-9400 (Culinary Health Center)

Customer Service Office

702-733-9938

EyeMed

866-800-5457

Harmony Healthcare

702-251-8000 (24/7)
702-788-9875 (Rapid Response)

Nevada Health Solutions (NHS)

702-216-1653
<https://provider.nevadahealthsolutions.org/production>

OptumRx Prescription Services

866-611-5960 (24/7)
800-791-7658 (home delivery)

Zelis/ePayment 855-774-4392

Nevada Health Solutions



Nevada Health Solutions is there for all Culinary providers and your patients.

Their dedicated staff of nurses and coordinators will help you with prior authorizations for medical services, meet your patients if admitted to a local hospital and be an advocate for all their healthcare needs.

If you need help with a patient, please call them. They have an abundance of resources to aid patients with social issues, home care, specialist appointments, and pharmacy issues.

Their regular business hours are 9 a.m. to 5 p.m. in all time zones **but if you need help evenings, weekends, and holidays, you can call their on-call nurse at 702-283-2421.**

Main Local Number: 702-216-1653

Toll Free Number: 855-392-0778

Website: <https://nevadahealthsolutions.org>

Cognitive Behavioral Health Program

Harmony Healthcare, our partner for Behavioral Healthcare services, has an internet-based cognitive behavioral therapy (iCBT) program for your patients. It is 12 weeks of personalized therapy guided by a licensed mental health professional.

Please see attached flier for more details. The flier will also be posted on our website at www.culinaryhealthfund.org

Inactive Providers – January 2024

The following is a list of providers* that are **no longer active** as a Plan Provider on the Culinary Health Fund provider network:

LAST NAME	FIRST NAME	TITLE	SPECIALTY
Cabrera	Noemi	APRN	General/Family Practice
Christenson	Nicholas	MD	General/Family Practice
George	Christine	MD	General/Family Practice
Hill	Andrea	APRN	Reproductive Endocrinology
Knowles	Amanda	PAC	Pediatrics
Lim	Jay	MD	Pediatrics
Rashid	Nik	MD	Pediatric Hem/Onc
Segal	Karen	DO	Pediatrics
Williams	Wydell	MD	General Surgery
Advanced Primary Care, PLLC			General/Family Practice

***List updated monthly**



Services Administered through
HARMONY HEALTHCARE

THERAPIST Assisted iCBT

Our Internet-based Cognitive Behavioral Therapy (iCBT) is the mental health solution for patients in need of easy-to-access and proven support. iCBT provides a 12-week personalized therapy which is guided by a licensed mental health professional, providing support through secure text-based messaging. When active therapy is done, your patient will have access to their completed work (workbooks, readings, thought records etc.) and messaging for one full year.



Eligibility Criteria

- 18 Years of age or older
- Comfortable reading and writing in English or Spanish
- Able to access a smartphone, tablet or computer

Presenting mild to severe symptoms related to:



DEPRESSION



ANXIETY



PANIC



SOCIAL ANXIETY



INSOMNIA



STRESS

The Process

1



Create an account and get started right away

Tell us about yourself, your feelings and your situation, so your therapist can understand you better.

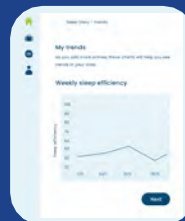
2



Your therapist creates a plan designed just for you

Through secure direct messages, readings and activities, your therapist will help you develop the skills you need to thrive.

3



Complete your personalized program in 6 to 12 weeks

Work one-on-one with your dedicated therapist for up to 12 weeks and access your resources for up to one year.

Exclusion Criteria

Actively experiencing psychosis, suicidal, in crisis or self harming. Actively experiencing mania or hypomania. Participates in high intake of alcohol or drugs

ENGLISH: <https://info.mindbeacon.com/access-mb-us/the-culinary-fund>
SPANISH: <https://info.mindbeacon.com/es/access-mb-us/the-culinary-fund>

For Assistance please call: (702) 251-8000